



NEW PROGRAM PERMISSION TO PLAN FORM

Originating Unit:

Type of action: New program Online program (hybrid, synchronous, or asynchronous)

We encourage consultation with the TCU Office of Institutional Effectiveness and the Koehler Center for Instruction, Innovation, and Engagement Resources (i.e., if an online or distance learning component is proposed for the new program) prior to submission of this form.

Semester and year course/program will take effect:

New program title:

Description of program:

The sport and exercise psychology minor prepares students to pursue graduate level training in the field of sport and exercise psychology and/or supplements information from another discipline. A 2.0 GPA is required for the minor and a grade of C- or better is required in all courses applied toward the sport and exercise psychology minor.

Strategic Plan:

The sport and exercise psychology minor will assist in developing ethical leaders and responsible citizens within the area of physical activity. Students in the minor will be immersed in a dynamic learning curriculum where they will acquire skills and knowledge about the mental aspects of sport and exercise that can be applied as a fitness leader, exercise physiologist, physician assistant, athletic trainer, physical therapist, occupational therapist, health psychologist, sport communications, and sport and exercise psychology consultant among other career paths impacting communities by transforming global health. Students will also be able to apply these skills in many different aspects of their lives.

The minor includes courses that are already taught in the existing well-established Kinesiology department which utilizes the teacher-scholar model. This minor will recruit and retain students interested in the field of sport and exercise psychology. The minor will allow students to achieve an interdisciplinary education, which will allow students to be more marketable in pursuing graduate programs or jobs.

Job Market Need:

The American Psychological Association named sport and exercise psychology a "Hot Career" due to the emphasis in sport and exercise in society. Sport and exercise psychology is a multidisciplinary field combining the knowledge from both kinesiology/sport science and psychology. This minor allows students to obtain courses from the kinesiology department that can be used towards their Certified Mental Performance Consultant certification through the Association for Applied Sport Psychology. Student may apply for certification after completion of graduate level training in sport and exercise psychology.

Enrollment Projections:

We will be able to add an extra 10-12 students per course. With the option of various courses to count towards the minor, this will assist with enrollment issues. We can control the enrollment by permit only registration to make sure we don't have to add adjuncts to cover extra course offerings. Some of these courses are also offered during the summer.

Five-Year Costs and Funding Sources Summary (please submit *New Program Budget Form*)

Faculty:

Program Staff & Administration:

Graduate Student Support:

Space & Facility Needs:

Equipment Needs:

Library Resources:

IT Resources:

Tuition:

Tuition Discount Request:

Student Fees:

Other Funding:

External Accreditation Required (outside of SACSCOC)? Yes No

Change in Teaching Load: Yes No

Will this program affect any other units within the university? Yes No

If yes, submit supporting statement signed by chair of affected unit.

Projected program cost to student. No additional costs.

Projected graduate starting salary. N/A

Program Contact Person (person to contact with questions regarding program or individual completing form):

Name: Robyn Trocchio

Extension: 5623

Email: r.trocchio@tcu.edu

REQUIRED SIGNATURES:


Chair of Originating Unit

Unit: Kinesiology

Endorse Program: Yes No

Name: Peter Weyand

Signature: Peter Weyand

 Digitally signed by Peter Weyand
Date: 2023.09.10 13:17:05 -05'00'

Date: 9-10-2023

Dean of Originating Unit

College/School: Harris College of Nursing & Health Sciences

Endorse Program: Yes No

Name: Christopher R. Watts

Signature: Christopher R. Watts Digitally signed by Christopher R. Watts
Date: 2023.09.11 13:40:46 -05'00'

Date: 9-11-23

Provost and Vice Chancellor of Academic Affairs:

Unit: Provost and Vice Chancellor of Academic Affairs

Permission to Proceed Granted: Yes No

Name: Teresa Abi-Nader Dahlberg

Signature: Teresa Abi-Nader Dahlberg Digitally signed by Teresa Abi-Nader Dahlberg
Date: 2023.12.13 15:05:03 -06'00'

Date: 12/13/2023



Originating Unit: Kinesiology

Type of action: Undergraduate program Graduate program

Online program (hybrid, synchronous, or asynchronous)

Certificate program (if yes, will certificate appear on transcript) Yes No

Licensure

External Accreditation Required (outside of SACCS)? Yes No

Semester and year course/program will take effect: Spring 2024

New program title:

Sport and Exercise Psychology Minor

This is a TCU STEM Program Yes No

Proposed four-letter plan abbreviation (ex. GRAD):

Proposed 6-digit CIP Code?

for reference, please visit: <https://nces.ed.gov/ipeds/cipcode/resources.aspx?y=56>

Description of program:

The sport and exercise psychology minor prepares students to pursue graduate level training in the field of sport and exercise psychology and/or supplements information from another discipline. +

Strategic Plan

The sport and exercise psychology minor will assist in developing ethical leaders and responsible citizens within the area of physical activity. Students in the minor will be immersed in a dynamic learning curriculum where they will acquire skills and knowledge about the mental aspects of +

Job Market Need:

The American Psychological Association named sport and exercise psychology a "Hot Career" due to the emphasis in sport and exercise in society. Sport and exercise psychology is a multidisciplinary field combining the knowledge from both kinesiology/sport science and +

Student Demand:

We have had a growing interest from students majoring in areas outside of kinesiology who are interested in pursuing graduate level training in sport and exercise psychology. This minor will allow students to take courses in kinesiology to prepare them for the field. Other universities +

Enrollment Projections (provide brief description here and attach a table as Appendix material):

We will be able to add an extra 10-12 students per course. With the option of various courses to count towards the minor, this will assist with enrollment issues. We can control the enrollment by permit only registration to make sure we don't have to add adjuncts to cover extra course +

Click here to attach a file attached files can be seen and managed in Acrobat Pro by clicking on View > Show/Hide > Navigations Panes > Attachments



NEW PROGRAM SUBMISSION FORM

Five-Year Costs and Funding Sources Summary (please submit *New Program Budget Form*)

Faculty: N/A. No additional expenses will be incurred.

Program Staff & Administration: N/A. No additional expenses will be incurred.

Graduate Student Support: N/A. No additional expenses will be incurred.

Space & Facility Needs: N/A. No additional expenses will be incurred.

Equipment Needs: N/A. No additional expenses will be incurred.

Library Resources: N/A. No additional expenses will be incurred.

Signature Dean, TCU Library

Date

Comments

IT Resources: N/A. No additional expenses will be incurred.

**Koehler Center for Instruction,
Innovation, and Engagement Resources:** N/A. No additional expenses will be incurred.

Tuition: N/A. No additional expenses will be incurred.

Tuition Discount Request: N/A. No additional expenses will be incurred.

Student Fees: N/A. No additional expenses will be incurred.

Other Funding: N/A. No additional expenses will be incurred.

Change in Teaching Load: Yes No

Courses taught via Teaching Overload: Yes No

Will this program affect any other units within the university? Yes No

If yes, submit supporting statement signed by chair of affected unit.



NEW PROGRAM SUBMISSION FORM

Curriculum:

See attached

Diversity Equity and Inclusion (DEI) Essential Competency Components:

Several course (e.g., KINE 30713, KINE 30723 & KINE 30733) will include topics related to DEI.

Candidacy and Dissertation/Thesis (if applicable):

N/A

Delivery Modes, Use of Distance Technologies, and Delivery of Instruction:

In Person

Program Evaluation:

Administrative Oversight:

Chair of Kinesiology

Faculty:

No additional faculty will be required

Program Faculty Productivity: (Doctoral programs only; Appendix material requested):

N/A

[Click here to attach a file](#) attached files can be seen and managed in Acrobat Pro by clicking on View > Show/Hide > Navigations Panes > Attachments

Collaborative Arrangements (if applicable):

N/A



NEW PROGRAM SUBMISSION FORM

Program Contact Person (person to contact with questions regarding program or individual completing the form):

Name: Robyn Trocchio

Extension: 5623

Email r.trocchio@tcu.edu

REQUIRED SIGNATURES:

Chair of Originating Unit:

Unit: Kinesiology

Endorse Program: Yes No

Name: Peter Weyand

Signature: Peter Weyand Digitally signed by Peter Weyand
Date: 2023.09.10 13:22:38 -05'00'

Date:

Dean of Originating Unit:

College/School: Harris College of Nursing & Health Sciences

Endorse Program: Yes No

Name: Christopher R. Watts

Signature: Christopher R. Watts Digitally signed by Christopher R. Watts
Date: 2023.09.11 13:46:24 -05'00'

Date:



Required Appendices (if applicable):

Click here to attach a file

attached files can be seen and managed in Acrobat Pro by clicking on View > Show/Hide > Navigations Panes > Attachments

- A. Completed and Signed Permission to Plan Form**
- B. Approved Assessment Plan with Signed Signature Page and Curriculum Map**
- C. Course Descriptions and Prescribed Sequence of Courses**
- D. New Program Budget Form**
- E. College or Departmental Policy on Faculty Teaching Load**
If teaching load policy is set at the departmental level, include that information.
- F. Table of Program Full-time and Support Faculty (table template found at <https://gradcouncil.tcu.edu/submission-forms/> or <http://www.ugradcouncil.tcu.edu/>)**
- G. Program Faculty Productivity Tables (table template found at <https://gradcouncil.tcu.edu/submission-forms/>)**
- H. Curricula Vitae for Program Full-time Faculty**
- I. Curricula Vitae for Program Support Faculty**
- J. Articulation Agreements with Partner Institutions**
Include copies of any agreements or Memoranda of Understanding related to the proposed program. These include formal and sustained arrangements with other universities, private businesses, or governmental agencies that contribute directly to the proposed program and student research/residency opportunities.
- K. List of Specific Clinical or In-Service Sites to Support the Proposed Program, if applicable**
- L. Letters of Support**
Letters from regional and national companies who have made commitments to hire graduates from the proposed new program are particularly helpful. Also, include statements of support or commitments to shared research projects from any similar or partner institutions.



Required Appendices (if applicable):

Click here to attach a file

attached files can be seen and managed in Acrobat Pro by clicking on View > Show/Hide > Navigations Panes > Attachments

- A. Completed and Signed Permission to Plan Form**
- B. Assessment Plan and Curriculum Map (after approval by the Undergraduate or Graduate Council, the University Assessment Committee will review and approve these documents prior to approval from University Council) See attached Letter**
- C. Course Descriptions and Prescribed Sequence of Courses: See attached**
- D. New Program Budget Form N/A**
- E. College or Departmental Policy on Faculty Teaching Load**
If teaching load policy is set at the departmental level, include that information. See attachment
- F. Table of Program Full-time and Support Faculty (table template found at <https://gradcouncil.tcu.edu/submission-forms/> or <http://www.ugradcouncil.tcu.edu/>) See attachment**
- G. Program Faculty Productivity Tables (table template found at <https://gradcouncil.tcu.edu/submission-forms/> N/A**
- H. Curricula Vitae for Program Full-time Faculty N/A**
- I. Curricula Vitae for Program Support Faculty N/A**
- J. Articulation Agreements with Partner Institutions**
Include copies of any agreements or Memoranda of Understanding related to the proposed program. These include formal and sustained arrangements with other universities, private businesses, or governmental agencies that contribute directly to the proposed program and student research/residency opportunities. N/A
- K. List of Specific Clinical or In-Service Sites to Support the Proposed Program, if applicable N/A**
- L. Letters of Support**
Letters from regional and national companies who have made commitments to hire graduates from the proposed new program are particularly helpful. Also, include statements of support or commitments to shared research projects from any similar or partner institutions. N/A

Sport and Exercise Psychology Minor

Core Courses:

KINE 30713 Psychology of Sport: Selected theories and practical applications germane to the understanding of psychological aspects of human behavior in sport and exercise settings.

KINE 30733 Exercise Psychology: Selected theories and practical applications germane to the understanding of psychological aspects of human behavior in exercise settings.

Select Four Courses:

HLTH 30203 Health and Stress Management: A study of physiological, psychological, and sociological aspects of stress as related to overall health. Responses such as anger, fear, and depression with their underlying mechanisms in states of health and disease will be examined. Emphasis is on identification of stressors and methods of prevention and coping with them.

KINE 30343 Theory of Coaching: This course is designed to examine theories and techniques in coaching that the learners need in order to gain insight into the many intangibles of coaching that, until now, could only be learned through the trial and error of experience. The course addresses the differences in levels of competitive sports, the personal roles that coaches should exhibit, the professional roles expected and the organizational influences on the world of a coach. Development of technical information, safety aspects and human relationships will be studied as well.

KINE 30403 Motor Behavior: Investigation of current theories of motor control, motor learning, and their relationship to the acquisition of motor skill.

KINE 30723 Sociology of Sport: The sociology of sport focuses on examining the interaction between society and sport. In particular, the course examines issues such as youth sport, violence in sport, commercialization of sport, the media and sport, politics and sport, religion and sport, and the role of gender, race, and socioeconomic status within sport.

KINE 51413 Psychology of Aging and Physical Activity: This course provides an overview of the major theories, research methods; empirical findings; and practical applications within psychology of aging and physical activity.

KINE 51423 Psychology of Injury in Physical Activity: This course will provide an overview of the psychosocial factors related to the prevention of and recovery from injuries in physical activities, including the theoretical foundations and psychological intervention strategies related to injury.

Courses can be taken in any order (not lock step).



OFFICE OF THE
PROVOST

INSTITUTIONAL EFFECTIVENESS

January 31, 2024

Dear Dr. Esposito:

I have reviewed the proposed KINE Sports Psyc Minor and determined that the course learning objectives for this minor, and thus the assessment associated with them, are subsumed by other courses: KINE 30713 Psychology of Sport, KINE 30733 Exercise Psychology, KINE 51413 Psychology of Aging and Physical Activity, and KINE 51423 Psychology of Injury in Physical Activity.

As the courses for this minor already exist and the associated learning objectives for this program are subsumed by existing curriculum, neither notification to SACSCOC nor an annual TCU assessment plan/report are required for the KINE Sports Psyc Minor.

Sincerely,

A handwritten signature in black ink, appearing to read "David Allen".

David Allen, Ph.D.
Executive Director of Institutional Effectiveness
SACSCOC Institutional Accreditation Liaison
Texas Christian University

Department Teaching Load Policy

Tenure-track faculty teach a 3/2

Professional-practice faculty teach a 4/4

Program Full-time & Support Faculty

Name and Rank of Faculty	Highest Degree and Awarding Institution	Courses Assigned in Program	Full-time or Support Faculty	% Time Assigned to Program
<i>Joan Smith Professor</i>	<i>PhD. in Molecular Biology Stanford University</i>	<i>Molecular Bio 3500</i>	<i>Full-time</i>	<i>50%</i>
Robyn Trocchio	PhD in Educational Psychology (Sport and Exercise Psychology Emphasis) Florida State University	KINE 30713 KINE 30733 KINE 30723 KINE 51413 KINE 51423	Full-Time	80%
Adam King	PhD in Kinesiology (Motor Control), The Pennsylvania State University	KINE 30403	Full-Time	40%
Melissa Jensen	PhD in Health and Human Performance (emphasis in exercise science). Oklahoma State University	KINE 30343	Full-Time	12.5%
Deborah Rhea	Ed.D in Physical Education (emphases Sport Psychology & Pedagogy), University of Houston	HLTH 30203	Full-Time	20%

Full-time Faculty are tenured (T), tenured-track (TT), and full-time nontenured-track (NTT) faculty who teach 50 percent or more in the proposed program. Support faculty include adjunct faculty and faculty (T, TT, and/or NTT) faculty who will teach 49% or less in the proposed program.